



Annual Report 2015/2016

*"Improving quality of life for the residents and families
of Loch Lomond Villa"*

THANK YOU!

Loch Lomond Villa is open 365 days a year to deliver the best care to you and your loved ones. And Loch Lomond Villa Foundation continues to work with our community of donors to advance resident-centered care approaches, improve facilities, enhance program support and further the mission of Loch Lomond Villa. In 2015/2016, the Foundation successfully raised \$214,000 to support quality of life improvements throughout Loch Lomond Villa.

Board of Directors

Ravi Arni
John Laidlaw
Kathy Conway
Ed Creaser
Georgie Day
Amy Johnson
Jim Shaw
Dr. Vinod Joshi

These are just a few examples of the strength that philanthropy has in our community. This annual report highlights the impact donors made to the Foundation this year - thanks to every one of you who supported one of our campaigns, remembered a friend or loved one in a memorial gift, added us to your will, attended an event or purchased a Chase the Ace lottery ticket.

Your support is felt across both of our organizations. Watching a loved one cope with an age-related illness. Or simply wanting to make a difference. These are just a few of the reasons why donors were inspired to give to Loch Lomond Villa Foundation last year. It is a privilege to work with this community - those who continue to give back and ensure that the best care is available to our aging population and their loved ones.

Your support has made a tremendous impact on the lives of our residents and families. As we collaborate with the province on a shared vision for major change and advancement to caring for our seniors,



Sincerely Yours,

Kristen Wheaton
Foundation Director

Ravi Arni
Foundation Chairman

Picture from Left to Right: Ed Creaser, Amy Johnson, Ravi Arni, Georgie Day, Kristen Wheaton, Dr. Vinod Joshi, Kathy Conway, and John Laidlaw.

LOCH LOMOND VILLA FOUNDATION INC.

“Together, working for quality”

OUR MISSION

“Improving quality of life for the residents and families of Loch Lomond Villa.”

OUR VALUES

Respect
Excellence
Accountability
Collaboration
Engagement

AREAS OF SUPPORT

Capital Investment, Program Initiatives, Research, Education, Personal Comforts



Solarium funded by you, our generous donors, in 2015.

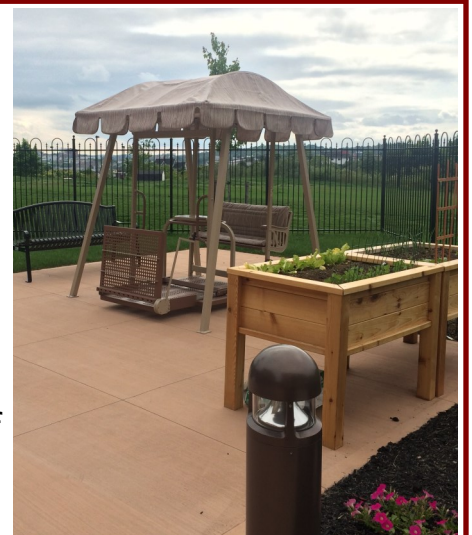
Windsor Foundation Matches Staff Donations for Music Therapy!



Music Therapy has been a top priority this year, providing double the usual funding to improve the Music Therapy Program for nursing residents of Loch Lomond Villa. Thanks to the generosity of our own staff members who increased their overall contributions from last year to help raise \$13,500, the Windsor Foundation matched this amount for the program beginning in January. iPod use at Loch Lomond Villa and Village is part of the therapeutic listening program, where it is our goal to use music to address the emotional, social and/or spiritual needs that a resident may have.

The residents who were chosen had a fondness for music and/or were socially isolated. Music was narrowed down by listening to individual songs with residents and charting responses, ie: toe tapping, singing, humming. These songs were then compiled onto an iPod and listening was done with headphones or speakers. Over the course of the past six months, our residents have come alive with music. This type of result is what we strived for when we implemented the program, and we are pleased to see such positive results. They feel secure and the structure in music helps reduce their tendencies to wander. They find contentment in sitting and being engulfed by the music of their choice, with reduced anxiety and agitation.

The newest edition to our outdoor courtyard is a BIG hit! The WhisperGLIDE Swing is being enjoyed by many of our residents, staff and families on a daily basis. It's a great asset for our residents to have a comfortable place to socialize. The rocking motion is so soothing and relaxing for them. One of our residents who has been with us for many years very much enjoys the rocking feeling, the fresh air, and sun on her face. Thanks to your donations, together we made this capital item a reality for our home. It's about quality of life!



While Loch Lomond Villa receives government funding that supports day-to-day operations, it's you, our donors, who make Loch Lomond Villa exceptional through your generosity.

THANK YOU!



"I want to do something meaningful that will help other families.

I have arranged a gift in my will

to the Loch Lomond Villa Foundation for resident care."



"I may only be one person, But I can be one person who makes a Difference!"

Many people are moved to leave a gift to Loch Lomond Villa Foundation in their will. When they talk about their planned gift, these donors often share stories about the excellent care they or a loved one received at the Loch Lomond Villa.

Arranging a gift in their will helps ensure the care is available for future generations of seniors, if and when they need it.

Phil and Margaret became part of the Loch Lomond Villa family in 2007, after Margaret fell victim to Alzheimer's disease and her condition progressed to the point where a care home was necessary. They were welcomed with open arms by the dedicated staff and friendly residents and soon enough, the Villa became their home. Phil would visit Marg every day for lunch and walks through the building, enjoying everything that the Villa has to offer. Marg took part in the iPod music therapy program, took every chance to get out on the WhisperGlide swing and took in the sights as she walked through the glassed-in atrium multiple times a day. Phil saw the standard of care that the Villa offered his wife and witnessed her appreciation and happiness first-hand. He chose Loch Lomond Villa as his wife's new home for the quality of care that we pride ourselves on, but once he'd experienced it himself, he was blown away at how the staff and residents go above and beyond our philosophy.

This is why he chose to name Loch Lomond Villa Foundation in his will.

Before Phil passed away in May 2016, he expressed his gratitude and respect for Loch Lomond Villa by saying, "living in such a cheerful, peaceful and warm environment as Loch Lomond Villa with the ever-positive staff, you have a recipe for creating positive changes for improving the quality of life in both mental and physical health for not only the resident but entire family." By arranging a gift in his will, Phil was able to help perpetuate the standard of care which his wife received that he was so grateful for.

Thank You...

Because you care...

When you donate, it has an amazing impact on the lives of our friends, family and neighbors who rely on Loch Lomond Villa. Meet a resident, family member, volunteer and staff who have benefitted from your generosity.

It was one of those spring days that we cross our fingers for all winter long. When the sun breaks free from its prison of fog and shines down on every inch of the city. Heidi Hooten-Garland decided to take full advantage of Mother Nature's lenience and take her mother, a resident of Loch Lomond Villa, out on the Cycling without Age trishaw. It was a gamble – she didn't know if her mother would be willing, or how it'd work, or if it'd make her too anxious. These days, there was a laundry list of stressors in Maxine's life; from being in Heidi's home to long walks outdoors to car rides. She was at war with her dementia, fighting every day to remain herself. She was an active woman in her past; she enjoyed biking in rain or snow, but as she grew older, this was an activity that she had to forgo. Cycling without Age was able to bring that back to her.

After a quick argument about having to wear a helmet – “I'm not putting that thing on, it's going to mess up my hair” – Heidi and volunteer Holly had her buckled up and ready to go. They went quite a distance, beginning at the Villa and travelling through the city until they were on the verge of the West side, before looping back to the nursing home. Maxine exclaimed that it felt “just like being with my grandmother in the buggy,” recalling further back than her mind usually allowed her. She was able to see familiar sights from a new perspective, absolutely revering in the changes that had been made to Tincan Beach, where she used to swim in adolescence. It was with great joy that she shared with Heidi and Holly that she used to jump from the highest rocks into the water. Though they were out for over two hours, Maxine's anxiety was kept at bay, and instead was replaced with peacefulness and serenity. She was in pure bliss,

wearing a grin from ear to ear. It was comforting for Heidi to see her this way, watching her mother reconnect with nature in a way she thought she never would again. She was carefree for the first time in too long.

“It was the happiest I have seen her since my father got sick and passed away,” Heidi shares. “Even the sunburn she got was refreshing!”



That afternoon, we were able to give something back to a resident – the wind in her hair. And each resident who escapes on the trishaw is left with a feeling of pure elation, but it doesn't stop there. A connection forms between volunteer and resident like none other. The families benefit from this program as well, because it's an innovative way to connect with their loved one and watch them experience a new joy. Families get to embark on this adventure together, as they see the sights of the city in a new light. Our participation in this program has yielded nothing but the most positive of results and every senior should have the opportunity to feel the wind in their hair once more. This is the story of one life that was touched by the Cycling without Age initiative and a second trishaw would only maximize the number of human beings who can experience this delightful new journey.

THANK YOU!

\$1,000 - \$4,999

Allen Whitebone
Arbor Memorial Foundation
Barb Ferguson
Bill & Dorothy Fulton
Bruce McCanse
Charles Wills
Christina Sears-Steen
Christine Rawson
City of Saint John Outside
Workers Local 18
Clow Canada
Crosby Molasses
Dan McGrath
Dave & Judy Neal
Doug Brittain
Eldon Martin
Eric & Millie Johnson
Frank & Allison Fennell
Ganong Plaza & Self Storage
Georgina Foundation
John & Gillian Wallace
John Laidlaw
Joyce MacKinnon
Kate Malatestinic
McKean Family Foundation
Millie Mercuri
Muriel Lindsay
Norma Edwards
Peter Downie
Phyllis & Lester Weston

Richard S. Cornell
Robert & Cindy Donovan
Shelley Shillington
Sisters Of Charity of the
Immaculate Conception
Stanford Small
Stephen Wills
Suzanne Gaunce
Teed, Saunders, Doyle & Co.
TEK Consultants
Valerie Robinson
Wildwood Masonry Ltd.
Workplace Health Outcomes

\$5,000 - \$9,999

Darrell & Fleurette Parlee
Greater Saint John Community
Foundation
Kent Building Supplies
Lloyd T. Smith
Park Fuels Ltd.
Sharon Willett
Terry Moore

\$10,000 - \$19,999

Lucinda Flemer
MacMurray Foundation Inc.
Rotary Club Of Saint John
Simonds Lioness Club

\$20,000 - \$49,999

Green Shield Canada
Scotiabank
Security Electrical Ltd.
Steen Knorr Architecture
The Windsor Foundation

\$50,000 and Above

Anonymous
BIRD Construction
Mary H. McInerney
Simonds Lions Club



"The Meaning of life, is to give life meaning."

To make a donation to any of these projects or others please visit
www.lochlomondvilla.com and click the Donate Now button.

Contact the Foundation Office

185 Loch Lomond Rd, Saint John NB E2J 3S3

Phone (506) 643-7110 Email foundation@lochlomondvilla.com