



"Together, Working for Quality"

Impact Report

2016/2017

Cuddle Therapy - One Family's Journey to find Comfort

Cuddle Doll Therapy is a therapeutic intervention that launched at Loch Lomond Villa in September 2016, thanks to one woman's determination to make a difference in the lives of those living with dementia.

Wanda's parents, Arnie and Rita, are residents of Loch Lomond Village. They have been married for sixty-five years. In this time together they built a wonderful life. They welcomed three children into their lives, countless grandchildren, and many more children that Rita babysat over the years. For Rita and Arnie family means everything. They share many memories of raising their children and helping out with kids in their neighborhood.



When the trial for this program launched, Rita was immediately comforted by the cuddle therapy. Arnie was a bit skeptical at first, but after seeing how much benefit Rita received from sitting and cuddling with the babies that he was also hooked. Their smiles grew brighter! They loved to sit down and admire the tiny fingers and toes on each baby. Wanda, their daughter, says **“watching them with the babies makes my heart smile.”** As the trial continued it wasn't only her parents she saw enjoying the program. She saw many residents from all over the Village finding comfort and joy from the cuddle therapy program.

Wanda says “It's a natural instinct when you hold the cuddle doll, it's almost like a sense of peace

and relaxation comes over you. There is just something about this program. You can tell that the residents are happy.” After seeing how successful the trial program was, Wanda wanted to find a way to contribute to the happiness that was bubbling out from cuddle therapy. She decided to start by donating two cuddle therapy babies to Loch Lomond Villa. After seeing how much good the program was doing she rallied with her husband and her other family members and donated four more babies.

Cuddle Doll therapy is one way caregivers try to ease anxiety and bring joy to loved ones with dementia. It gives them purpose and their brain actually feels a sense of comfort. The dolls can become an integral part of a senior's life, as caring for the doll becomes a major part of their day to day responsibilities. This type of therapy is also said to bring back some happy memories of early parenthood and help make seniors feel needed and useful.

Cuddle Therapy is now a regular part of our resident's lives at Loch Lomond Villa. Donating to programs like this creates opportunities for happiness and engages our residents to re-enter the caregiver role. Cuddle Therapy is all about relationships. It works with the idea that the connections we make throughout our life define who we are. Many of the residents at Loch Lomond Villa define themselves as mothers, fathers, aunts, and uncles.

A donation from one person, has now forever affected the lives of many residents of Loch Lomond Villa. To Wanda, the decision to donate was simple. In her words she says **“We were always taught that if we could do something for others that we should. I also felt that if the babies would help Mom and Dad, then why not share that happiness with others? If you can share happiness why not!”**

~ Written by Molly McGovern & Kristen Wheaton

To donate to programs like this contact Kristen Wheaton in the Foundation Office at (506) 643-7110.

LOCH LOMOND VILLA FOUNDATION INC.

“Together, working for quality”

OUR MISSION

“Improving the quality of life for the residents and families of Loch Lomond Villa.”

OUR VALUES

Respect

Excellence

Accountability

Collaboration

Engagement

AREAS OF SUPPORT

Capital Investment, Program Initiatives, Research, Education, Personal Comforts

LAST YEAR YOU FUNDED:

**264 HOURS OF
1 ON 1 AND SMALL
GROUP MUSIC
THERAPY WITH A
CERTIFIED MUSIC
THERAPIST**



**165 VAN
OUTINGS**



**154 HOURS OF
LIVE MUSICAL
ENTERTAINMENT**

2016/2017 By the Numbers...

Over \$101,000 in funding was donated back to
Loch Lomond Villa by your gifts to the Foundation!



Capital Equipment Purchases **\$57,493**

Invacare Carroll Electric Beds x 14
Fall Prevention - Mats & Hip Protectors
Wound Care Program Supplies
Second Tri-Shaw Bicycle

Personal Comforts **\$923**

Resident Comfort/Support Fund
Seniors Dream Program

Education **\$500**

Post Secondary Bursary

Recreation Programs **\$42,913**

Bingo Program Supplies & Prizes
Cuddle Doll Therapy - Purchase of 6 Cuddle Dolls
Telegraph Journal Subscriptions for News & Views Program
It's Never 2 Late "IN2L" Adaptive Technology Program Upgrades
Art Gallery Wall for intergenerational programs
Music Care Program - Music Therapist, iPods, Music Downloads, Entertainment, and More!
Garden Boxes x 4 for flowers and vegetables

Thank You...



Summary Statement of Operations

Revenues

Donations	\$119,277
Gaming (Chase the Ace)	\$425,784
Events	\$91,006
Investments	\$2,854
	<u>\$638,921</u>

Disbursements

Fundraising and Other	\$280,738
Administration	\$106,815
	<u>\$387,553</u>
Excess of Revenues over expenditures before grants	\$251,368

Total Grants this fiscal year **\$101,829**

Reserved for future LLV grant requests **\$150,354**

Leaves of Life



You can honor the life of your loved one with the purchase of a leaf to be placed on our Tree of Life. Help our tree grow while honoring the memory of your loved one(s) with a donation that will help improve the quality of life for other residents and families here at Loch Lomond Villa.

The Villa's Tree of Life is a large handcrafted oak carving hanging on a wall located in the Central Lounge.

The Village's Tree of Life was incorporated into the Donor Recognition Wall with a portion of the wall dedicated to remembering your loved ones.

When you make a donation of \$200 or more to Loch Lomond Villa Foundation we engrave the leaf with your loved ones name and you place it on the tree in a special ceremony with family and friends. The tree helps families and friends honor the memories of their loved ones while helping other residents in their memory.

When families come into Loch Lomond Villa to put an engraved leaf on our Tree of Life in memory of loved one, it can be an emotional time, and it is sometimes the first visit back to Loch Lomond Villa since losing their loved one.

On one such occasion the family of the late Betty Douglas came in to put up their leaf. As the leaf was placed on the tree we took a couple photographs so the family could have this new memory.

The family has since had a second leaf engraved for their father George, who passed away this past spring, to place next to Betty's on the Tree. "Now they are together, side by side, once again."

How does it work?

Your loved one's names will be engraved onto a leaf, which will then be placed on your Tree of choice and live on in our hearts and in our home forever. This commemorative leaf will be placed by you and your loved ones, during a special personal ceremony.

We invite you to help fill our Tree of Life with the name(s) and memories of your loved one(s), today.

If you would like more information on ordering a leaf for your loved one please contact Kristen Wheaton at (506)643-7110.





Chase the Ace Fever **Hits Saint John!**

Chase the Ace became a well-known fundraiser around the city after the success that Loch Lomond Villa Foundation had with it. During the 2nd round, as the deck got smaller, the crowds became larger and the jackpot grew immensely. With the lottery license running out and only 16 cards left in the deck, it was announced that on November 3rd, 2016 tickets would continuously be drawn until someone pulled the ace of spades.

This announcement brought in crowds that completely filled the Exhibition Park Raceway bingo hall, the 3 Mile plus more and that night's ticket sales totaled \$172,430. From that one night alone, \$51,729 went directly to "improving the quality of life for the residents and families of Loch Lomond Villa."

The first ticket drawn was Andrew O'Leary's. Although he did not pull the ace of spades, he still took home 20% of that night's ticket sales which totaled \$34,485.

Gwenn Bartlett was the second person whose ticket was drawn. When she flipped 1 of 15 cards, it was the ace of spades that appeared before her eyes! She was shocked, but also very happy to have won \$125,458 and said she would be splitting it with her friend Muriel Cosman.



Minimum
\$5000
Jackpot!



Tickets on sale every
Wednesday 5-7pm
at the 3 Mile Complex

Ticket Draw at 7:15pm

20% Guaranteed Weekly Winner
30% Added to Jackpot
50% Supports Loch Lomond Villa

Tickets: \$5 each | 3 for \$10 | 7 for \$20

The excitement of the night was certainly an experience in itself!

The 5th round of Chase the Ace is currently underway every Wednesday evening back at the 3 Mile Restaurant with a minimum jackpot of \$5,000!

Thanks to all our major sponsors and partners K100, Kool98 for their on air promotion and weekly announcing. The 3 Mile for hosting our guests weekly.

And new to Round 5 there are additional secondary prizes up for grabs: including a the Triple Diamond Car Detailing Package from Loch Lomond Mitsubishi valued at \$180, a one hour massage from Matt Tufts RMT valued at \$99 and a \$50 gift card for the 3Mile Restaurant.

For more information on the weekly draw visit www.llvf.ca or follow our weekly updates on Facebook @LLVFoundation.

Future Commitments - 2017/2018

To date, the following programs and equipment funding requests have been approved to donate back to Loch Lomond Villa.

Capital Equipment

Vital Signs Machine
Epinephrine Emergency Systems x2
Fall Prevention Program Equipment
Sound System for Chapel
Wound Care Program Supplies
Outdoor Gazebo
Broda Reclining Chairs
Nursing Pocket Talker

Resident Comfort

Wound Care Program Supplies
Resident Support Fund
Seniors Dream Fund
Welcome Packages/Comfort Baskets

Recreation Programs

Music Care Program
Telegraph Journal Subscription
IN2L Program Upgrades
Bingo
Drum Fit

Education

Post Secondary Bursary
Volunteer Bursary

Totaling over \$70,000 in funding support!

“When you donate, it has an amazing impact on the lives of our friends, family and neighbors who rely on Loch Lomond Villa.”



To make a donation to any of these projects or others please visit www.lochlomondvillafoundation.com and click the Donate Now button.

Loch Lomond Villa Foundation

185 Loch Lomond Rd, Saint John NB E2J 3S3

Phone (506) 643-7110 Email foundation@lochlomondvilla.com

A 'Roaring' Success!

Every year, Loch Lomond Villa Foundation holds their signature fundraising dinner and this past year was the Bee's Knees! The 16th Annual Spring Fundraising Dinner and Auction "The Roaring 20's" had everyone back in the swing of the 1920's, all dressed up and dancing the night away to the famous Thomists Big Band.

The emcee of the evening was K100's morning show host Andrea Cyr who kept the crowd engaged and in the spirit of the Roaring 20's all night long!!

Special thanks to the event's major platinum sponsors Bird Construction, Teed Saunders Doyle, and Simonds Lions Club and the gold sponsors McPort City Foods, Pro-Tech Sanitation Ltd., Security Electrical and Lawton's Drugs.

The evening included: a silent and blind auction, an eliminator draw for a 1/100 chance to win a 5 day motor coach trip for 2 to New York City provided by Collins Tours, a 50/50 draw, a live auction for a painting created live at the dinner by artist Lana Langille-Doucette, and not to mention a lobster dinner

Sonia Deschenes, who won two tickets to the dinner just two days prior at a Chase the Ace draw, which were donated by K100, channeled her inner Lady Luck that night. She also walked away with the eliminator and 50/50 draws, receiving a five day trip to New York City and \$1175 for spending money. People were rubbing her arm for luck as she walked to the stage to claim her prizes!

A resident of Loch Lomond Villa, Doreen Campbell, joined CEO Cindy Donovan on stage that night to share how much of an impact Loch Lomond Villa Foundation and their donors have made on her life.

Top Photo: Doreen Campbell & Cindy Donovan, CEO.

Bottom Photo: Doreen with her husband Buddy and son Kim.



"Loch Lomond Villa is truly resident centered as not only do Buddy and I live on Birch House but the home has adopted our dog and the staff help us look after her."

"Many days I am in the big family kitchen cooking my favorite pies, cakes and muffins. Everyone comes in to visit while I am cooking and I am so blessed to be able to continue cooking and sharing my desserts with many other residents and visitors."

Doreen truly showed the attendees the reason they were there that night and how Loch Lomond Villa Foundation is improving the quality of life for the residents and families. The event raised just over \$47,000 for Loch Lomond Villa. Thank you to all who attended and donated towards the evenings success.



Legacy Circle

Leaving a Gift in your Will,
is easier than you think.

When a someone talks about their legacy gift, they often share stories about the excellent care they or a loved one received and the quality of life programs made possible by others, through their generous donations.

Leaving a Gift in your Will to Loch Lomond Villa Foundation costs nothing during your lifetime but gives you the opportunity to leave a legacy and make a difference in the lives of others,

Your gift could have more of an impact than you have ever imagined by “improving the quality of life for residents at Loch Lomond Villa.”

After taking care of your family, you can also leave a lasting legacy through a gift in your will to Loch Lomond Villa Foundation. Helping us to ensure that the highest level of care and programming will be available for future generations of adults in need of support.

To discuss how your gift could be used to enhance long term care in our community for adults in need of support please contact Kristen Wheaton at (506) 643-7110 or email foundation@lochlomondvilla.com

Other legacy gifts include; life insurance policies, publicly traded securities, retirement funds, charitable remainder trusts, and gifts of property, art or other

“I may only be one person, but I can be one person who makes a Difference !” ~ Phil Francis, Legacy Donor

THANK YOU!

Legacy Circle

Philip & Margaret Francis
Mary H. McInerney Estate

\$50,000 +

Anonymous
BIRD Construction
Simonds Lions Club

\$20,000 - \$49,999

Green Shield Canada
Darrell & Fleurette Parlee
Scotiabank
Security Electrical Ltd.
Simonds Lionness Club
Steen Knorr Architecture
Teed Saunders Doyle & Co.
The Windsor Foundation

\$10,000 - \$19,999

Lucinda Flemer
MacMurray Foundation Inc.
Rotary Club Of Saint John

\$5,000 - \$9,999

Anonymous
Greater Saint John Community
Foundation
McKean Family Foundation
Terry Moore
Park Fuels Ltd.
Lloyd T. Smith

\$1,000 - \$4,999

Wanda Allaby
Don Allen
Arbor Memorial Foundation
Denis & Rita Brideau
Doug Britton
Sandra Carroll
Gina Chiarella
Richard Cornell

Crosby Molasses Ltd.
Paula Deby
Elizabeth Dickison
Robert & Cindy Donovan
Peter Downie
Brian & Martha Edwards
Norma Edwards
Bill & Dorothy Fulton
Carl & Suzanne Gaunce
Georgina Foundation
Eric & Millie Johnson
John Laidlaw
Muriel Lindsay
Joyce MacKinnon
Kate Malatestinic
Eldon Martin
Bruce McCanse
Dan McGrath
Millie Mercuri
Dave & Judy Neal
Winnifred Parks
Christine Rawson

Valerie Robinson
Christina Sears-Steen
Shelley Shillington
Sisters Of Charity
Stanford Small
Lita Waldron
John & Gillian Wallace
Phyllis & Lester Weston
Allan Whitebone
Wildwood Masonry Ltd.
Charles Wills
Stephen Wills
Workplace Health Outcomes

\$500 - \$999

Abena Akowuah
Ken Anthony
Beltone/Better Hearing Aid Center
Cynthia Bonner

John Brown
Holly Budrow
Gord Burnett
Raj Damhar
Don Darling
Georgie Day
Anna Deluca
Jamee Doyle
Eastern Credit Mgmt. Services
Agnes Elekwachi
Barb Ferguson
Christine Foote
Ruth Gillis
Cliff & Louise Harris
International Union of Bricklayers &
Allied Craftworkers Local 8
Shirley Johnston
Knight of Columbus Father Eugene
O'Leary Council 6595
Cindy Leavitt
Linda McDonough
Julie Moore
Joan Naismith
New Brunswick Union - Local 5
Malcolm Paul
Lynn & Kit Payne
Grace Price
Sachiko Riegger
Michael & Connie Schulze
Don Scott
Pearl Simonds
Fred Stackhouse
John & Margaret Steele
Frances G. Steeves
Merle Stewart
Phyllis Sutherland
Constance Sword
Joanne Tynski
Kristen Wheaton
Glen & Debbie Wyatt

THANK YOU!

"The Meaning of life, is to give life meaning."

Quote by Viktor E. Frankl

At Loch Lomond Villa Foundation, we are grateful to work with our community of healthcare professionals, residents, families and donors who help keep us focused on what matters most - caring for people.

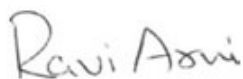
We appreciate the outstanding support that the community has given us this past year. Whether you supported the annual campaign, remembered a friend or loved one with a memorial gift, added us to your will for a future gift, or attended an event - we thank you.

Your support is allowing Loch Lomond Villa to provide advancements in resident-centered care approaches, improving facilities, replace aging equipment, enhancing recreation program support.

It is a privilege to work within this community and with those who continue to give back and ensure that the best long term care is available to our loved ones.

Whether you yourself are watching a loved one cope with an age-related illness or you simply wanting to make a difference. Your support has made a tremendous impact on the lives of our residents and families. As we continue to grow we look forward to helping you make a difference at Loch Lomond Villa.

With sincere gratitude,



Ravi Arni
Foundation Chairman



Kristen Wheaton
Foundation Director



To make a donation to any of these projects or others please visit
www.lochlomondvillafoundation.com and click the Donate Now button.

Loch Lomond Villa Foundation
185 Loch Lomond Rd, Saint John NB E2J 3S3
Phone (506) 643-7110 Email foundation@lochlomondvilla.com

Thank
You



*“Improving the quality of life for the residents and families
of Loch Lomond Villa”*